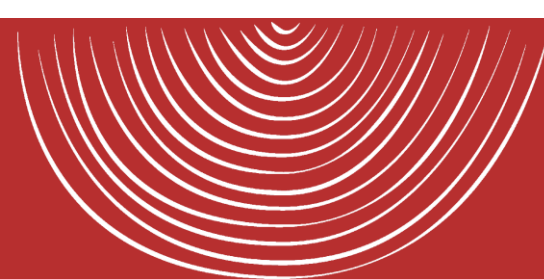


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MENTAL HEALTH FACT SHEET

819

people
completed
the survey

carers

20%

of respondents
were carers*

*A carer is an unpaid family or friend supporting a person/s with a physical or mental health related need.



of carers were
caring for
someone due to a
mental health
condition

(this was the most common
category of care)

mental health services



63% (514)

accessed a
mental health
service



People most commonly accessed
mental health related services
provided by a GP = **56%** (441)



49% (402) accessed multiple
mental health related services

64% of cis* women had accessed a mental health service

53% of cis* men had accessed a mental health service

65% of trans and gender diverse had accessed a mental health service

*Cis refers to someone who identifies with the gender they were assigned at birth

This survey was conducted at the Midsumma Carnival 2019

queerspace CARNIVAL DAY SURVEY 2019



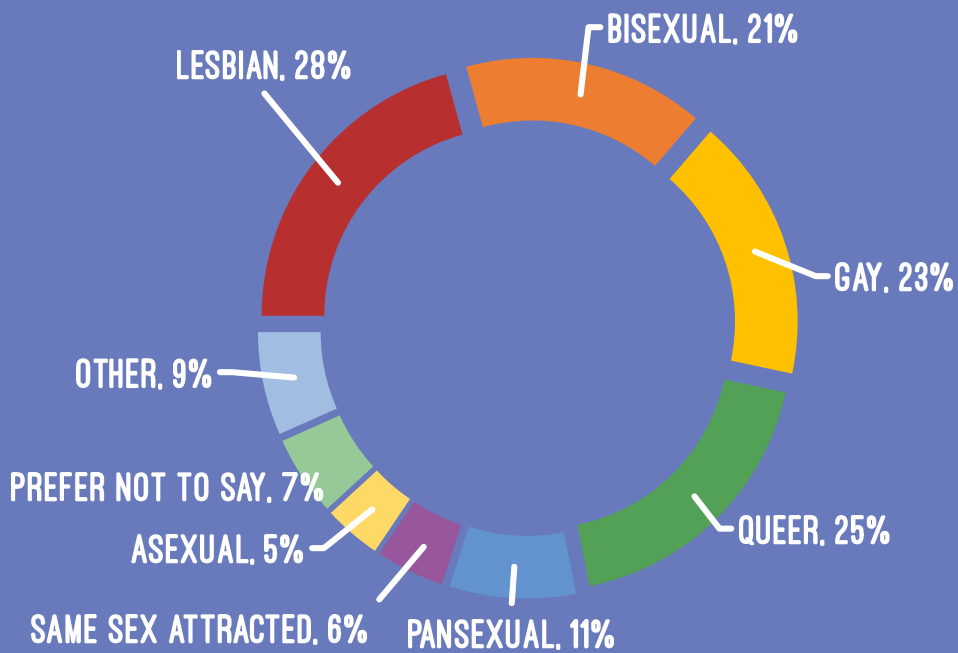
RESPONDENTS FACT SHEET

819 people completed the survey

age The most common age of respondents was **18-24 (19%)**
The majority of respondents were between **18-49 (76%)**




sexuality



Percentages will not add to 100% as people were able to select multiple identifiers

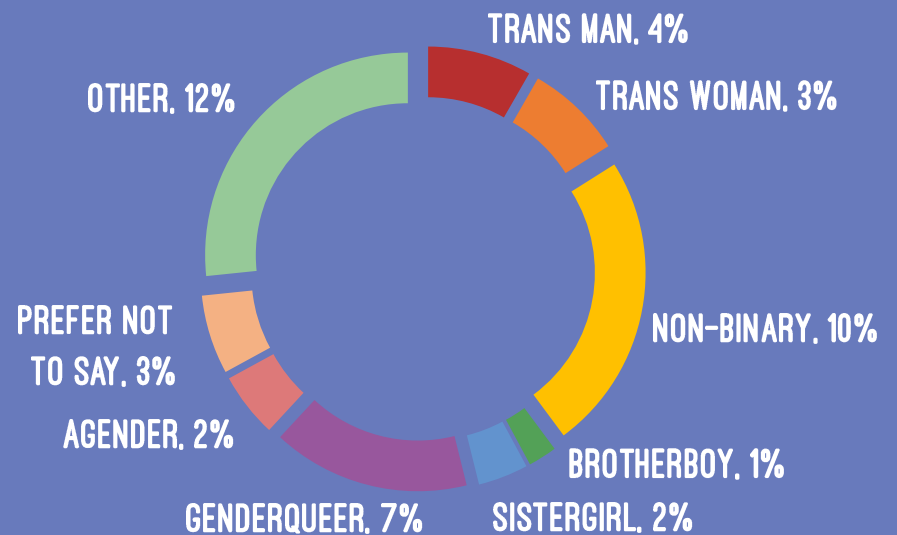


gender



People were able to select multiple identifiers

trans, gender diverse and non-binary



*Cis refers to someone who identifies with the gender they were assigned at birth

intersex

1.73%

of respondents were intersex

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RESPONDENTS FACT SHEET

carers

20% of respondents were carers*

*A carer is an unpaid family or friend supporting a person/s with a physical or mental health related need.

THE MOST COMMON REASON FOR CARE WAS A MENTAL HEALTH CONDITION

Reasons for Providing Care	%	No.
Chronic illness	19%	31
Mental health condition	43%	71
Disability	27%	45
Age-related needs	27%	44
Drug and alcohol	10%	17

Percentages will not add to 100% as carers were providing care for multiple reasons or individuals

financial hardship



Of respondents were currently experiencing financial hardship
(i.e. finding it difficult to pay bills, loans and debts)

TRANS, GENDER DIVERSE AND NON-BINARY people were most likely to be experiencing financial hardship (29% of TGD people).

59% OF TRANS WOMEN WERE EXPERIENCING FINANCIAL HARDSHIP

Of TGD people, trans women were most likely to be experiencing financial hardship.

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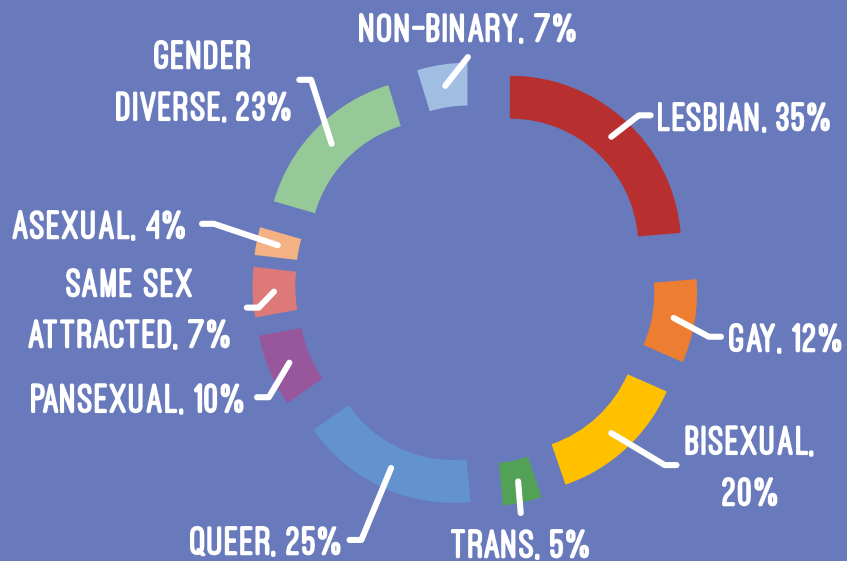
RESPONDENTS FACT SHEET

parenting

16%

of respondents were currently parenting children 18 or younger

% currently parenting children, arranged by LGBTIQ+



health services



Of respondents had accessed a health service

GP BULK BILLING was the most commonly accessed health service, with 77.5% of those who had accessed a health service had accessed GP bulk billing.

DISABILITY SUPPORT SERVICES were accessed by 14% of those who had accessed a health service.

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